

BODY IMAGE & BODY DIVERSITY FINDING GUIDE

Bodies come in all shapes, sizes, and colors.

Books in the Parenting section	
JP 155.43 S	Love Your Body
JP 306.46 D	B is for Bellies
JP 306.46 K	Some Bodies
JP 306.46 M	Chubby Bunny
JP 306.46 M	Every body : a first conversation about bodies
JP 362.4 C	What Happened to You?
JP 362. 4 C	You're So Amazing! : being singled out doesn't always feel amazing
JP 362.4 S	This is How We Play: A Celebration of Disability and Adaptation
JP 362.76 R	Under our clothes : our first talk about our bodies
616.85 P	You are Enough: Your Guide to Body Image & Eating Disorder Recovery

In Picture Books	
JP ANTROBUS	Can Bears Ski?
JP BEAUMONT	I Like Myself
JP CHARLES	All Because You Matter
JP CHEN	I Am Golden
JP CHERRY	Hair Love
JP EHLERT	Everybody Has a Body
JP FEDER	Bodies are Cool
JP GRANT	My Fade is Fresh
JP HARRISON	Big
JP HO	Eyes that Kiss in the Corners Eyes that Speak of the Stars
JP HONG	Lovely

In Picture Books	
JP JOHNSON	Brown: The Many Shades of Love
JP KATZ	The Color of Us
JP LAM	Every Belly
JP MADISON	Our Skin: A First Conversation about Race
JP MANUSHKIN	Happy in Our Skin
JP MCANULTY	Beautiful
JP MYERS	Not Little
JP NOOR	Beautifully Me
JP NYONG'O	Sulwe
JP OSAKA	The Way Champs Play
JP PARR In JP Series	It's Ok to Be Different
JP RIVERA	I Absolutely, Positively Love My Spots
JP ROTNER	Every Body: A Celebration of Diverse Abilities
JP SOTOMAYOR	Just Ask! Be Different, Be Brave, Be You!
JP THOMPSON - BIGELOW	Sister Friend
JP TYLER	The Skin You Live In
JP WATKINS In CREATURES	Mabel: A Mermaid Fable
JP WOODFOLK	Beach Hair

In Juvenile Nonfiction	
J 155.51 H	A Smart Girl's Guide to Body Image: how to love yourself, live life to the fullest, and celebrate all kinds of bodies