

## BOOKS ABOUT EMOTIONS - FINDING GUIDE

EMOTIONS	
JP AGOSTINI in School books	Scarecited on the First Day of School
JP ALIKI	Feelings
JP BROWN	I Am Okay to Feel
JP BROWNE	How Do You Feel?
JP DOCKRILL	Gray
JP DOERRFELD	Beneath
JP FEDER	Peaceful Me
JP FINCK	Mixed Feelings
JP LEE	The Boy with Big, Big Feelings
JP LLENAS	The Color Monster: a story about emotions
JP MACLEAN	More Than Words
JP MARCERO	Out of a Jar
JP MILGRIM	Wild Feelings
JP MILLER	Invisible Things
JP PENFOLD	Big Feelings
JP PERDOMO	Sometimes All I Need Is Me
JP PINTADERA	Why Are We Afraid?
JP PINTADERA	Why Do We Cry?
JP ROCKWELL	How Do You Feel?
JP ROTNER	Lots of Feelings
JP SNODGRASS	What's that look on your face? : all about faces and feelings
JP TOWNES	Sometimes I Cry
JP WOHNOUTKA	Ups and Downs: A Book of Emotions
JP 152.4 K in JP parenting	My First Book of Emotions for Toddlers
618.92 B in Parenting	Social skills picture book : teaching communication, play and emotion

FRUSTRATION & PERSEVERANCE	
JP CARZOO	Squish
JE DE SEVE	Sometimes We Fall
JP LUCIANOVIC	Touch the Sky

SADNESS	
JP AGELL	Maybe Tomorrow?
JP BANG	When Sophie's Feelings Are Really, Really Hurt...
JP BLACK	I'm Sad
JP DELACROIX	Tears
JP DOCKRILL	Gray
JP DOERRFELD	Beneath
JP DOERRFELD	The Rabbit Listened
JP ELAND	When Sadness Is at Your Door
JP HOWLEY	Big Boys Cry
JP KLISE	Why Do You Cry?
JP SUBISAK	Jenny Mai Is Sad
JP MOUNTFORD	A Voice in the Storm
JE WILLEMS	My Friend Is Sad
JP WILSON in JP series	Bear Feels Sad

For Older Kids:	
J 152.4 C	Just Feel: how to be stronger, happier, healthier, and more
J 155.4 B	The Worry Less Book
J 155.41 L	All About Anxiety

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ANXIETY	
JP AHMED	The Ghost Who Was Afraid of Everything
JP ALBER	A Little Spot of Anxiety
JP ARNOLD	I Have a Question
JP BERNSTEIN	You Go First
JP CALABRESE in School books	Lena's Shoes Are Nervous
JP CASTILLO	Just Like Millie
JP DIESEN	The Pout-Pout Fish and the Worry-Worry Whale
JP HUNTER	What If, Pig?
JP HUSSAIN	Me and My Monster
JP JOHN	Summer Camp Critter Jitters
JP KILGORE	The Whatifs
JP LEE	The Girl with Big Questions
JP PERCIVAL	Ruby Finds a Worry
JP SANNA	Me and My Fear
JP SPELMAN	When I Feel Worried
JP STEIN	Don't Worry, Murray

SOCIAL ANXIETY	
JP CASTILLO	Just Like Millie
JP FENSKE	Do I Have to Go to the Party?
JP TATSUKAWA	Mole Is Not Alone

ANGER	
JP ALBER	A Little Spot of Anger
JP ARONSON	Clovis Keeps His Cool
JP BANG	When Sophie Gets Angry Really, Really Angry...
JP DYCKMAN	Don't Blow Your Top!
JP GEE	Mad, Mad Bear!
JP MOSER	I Am a Thundercloud
JP SAKAI	Mad at Mommy
JP SNICKET	The Bad Mood and the Stick
JP STARLING in I "Creatures"	Fergal and the Bad Temper
JP WALLACE	Ode to a Bad Day
JP 152.47 C in JP parenting	Fighting Words

SEPARATION ANXIETY	
JP DEWDNEY in JP Series	Llama Misses Mama
JP LEIJTEN	Hugging Hour
JP PENN	This Kissing Hand
JP RICHMOND	Bunny's Staycation
JP SENDERAK	Mommy in my Pocket
JP VAIL	Sometimes I Kaploom
JP VERBURG	The Kiss Box